

# 7 Tips for Success You Can Use Today

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If you stay consistent in your efforts to achieve your life goals, you will be successful. ***When you're successful, you feel great inside and you transmit that positive energy to others.***

**Apply these strategies for success and pursue the sweet life you crave:**

- 1. Find a mentor.** To help you in your quest to get ahead in your career, refine specific skills, or get in the best shape of your life, seek out someone who's done it before. Ask for their counsel.
  - Learn from someone who's been there and continues to excel. Take them out for coffee and pick their brain. Have your specific questions in hand. Listen to what they say.
- 2. Care less about what others think of you and more about how you feel about yourself.** ***When you react to what others think of you, it hampers your own sense of self.*** Instead, listen to your heart. Recognize that what you want for yourself is more important than what someone else wants for you. Go after your own dreams.
- 3. Be clear about your life goals.** Nothing can derail your efforts for success like being unsure about what you want. To get clarity on your goals, journal about where you want to be physically and spiritually in the next year, three years, five years, and ten years.
  - Looking ahead will lead you to see what steps to take to reach the success you're seeking.

4. **Surround yourself with positive people.** If you have friends who rarely work, complain frequently about their career, or make unhealthy life choices, they are likely bringing negativity into your life.

- ***When you hang out with those who are upbeat, interested in making a difference, and committed to personal achievement, you'll find yourself modeling their feelings and behaviors.*** Practicing their way of living will put you on the road to success.

5. **Embrace your failures.** Rather than fearing and loathing the mistakes you've made, take them in, study them, and find the lessons in them.

- Understanding and accepting your errors will provide you with the information you require to succeed the next time.

6. **Each day, take a step closer to your goals. *One of the best ways to keep your goals in mind is to infuse aspects of them into your daily life.*** If you want to save \$10,000 for a trip to Europe, at the end of each day, place all your change in your money jar. You can literally watch your goal come to fruition. Add a \$10 or a \$20 dollar bill at the end of each week.

- When you do something daily to work towards a goal, it becomes an important aspect of your routine existence. You'll feel happier, more in control, and increasingly confident.

7. **Use a pros and cons list to make quick decisions.** If you've ever been unsure about a decision, you'll appreciate learning to jot down a quick pros and cons list. Weighing out the positives and negatives of your issue can lead you in a positive direction.

- Rather than staying in a state of confusion and uncertainty, use this method to attain better control over what vexes you.

Regardless of where you are in life, you can get closer to achieving your goals by applying these useful tips. ***Use your inner strength to create dramatic personal growth within yourself.*** Start today.