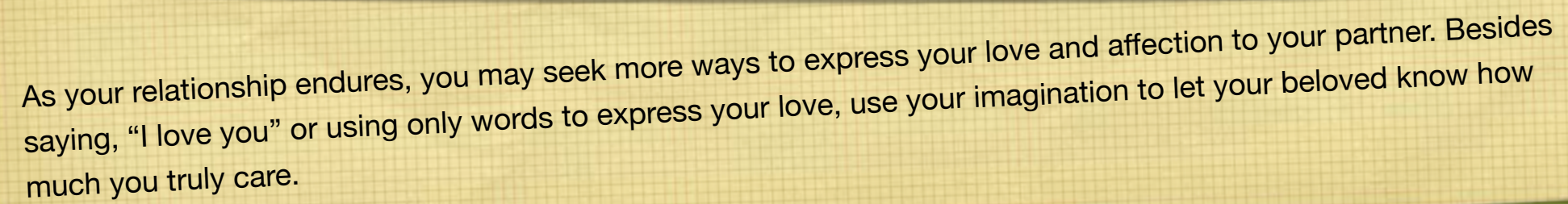


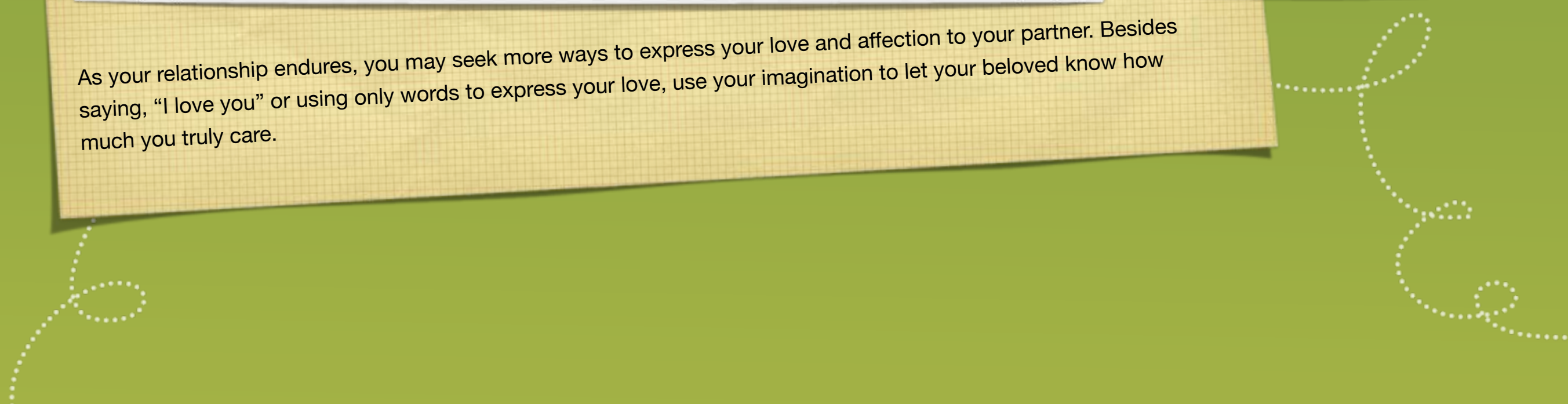


**25**

**WAYS TO TELL  
YOUR PARTNER  
YOU CARE**



As your relationship endures, you may seek more ways to express your love and affection to your partner. Besides saying, "I love you" or using only words to express your love, use your imagination to let your beloved know how much you truly care.



# **1. Call him when he least expects it.**

- ▶ There's nothing like an unplanned call to show you're thinking about your partner. Make a random telephone call to share some loving words.

## **2. Send a quick text message.**

- ▶ On a day he knows you're going to be really busy, tap out a quick text to let your partner know he's always on your mind and in your heart.

### **3. Snap a photo and send it to your partner.**

- ▶ With today's technology, there's just no excuse for not showing you care in the most creative ways. Smile and wave at the camera and then "click," you've got a great photo to send along to your special someone.



## 4. Wash her car.

- ▶ This expression of your affection will take some time and elbow grease. But it truly shows how much you care.

## **5. Let him pick the movie.**

- ▶ Whenever you plan a date to see one of the latest films, why not have your partner choose?

## **6. Prepare a great breakfast on the weekend.**

- ▶ Who doesn't love a big breakfast once in a while? The thought behind your breakfast preparation will feed her soul and your relationship.

## 7. Plan a surprise date.

- ▶ Nothing says how much you care like taking the time and making the effort to put together a special time just for the two of you.



## 8. Bring flowers.

- ▶ Man or woman, we all love to see fresh flowers on the dining room or foyer table. Your partner will be reminded of you every time he looks at the lovely bouquet.

## 9. Surrender the remote.

- ▶ This one might be tough. When you encourage your partner to watch whatever he wants to on television, he knows you're willing to go the extra mile in the relationship. Show you care by giving up the remote once in a while, too.

## **10. Ask what they'd like to do this weekend.**

- ▶ How many times do you say, “We can do whatever you want to do on Saturday?”

# **11. Offer to help him pack for a business trip.**

- ▶ Packing can be a hassle sometimes, so let him know you'll give him a hand with it.

## **12. Pick up her favorite coffee drink on your way home.**

- ▶ When you're out and about and she's at home, arrive with her favorite mocha latte in hand.



## **13. Bring home your favorite movie on DVD.**

- ▶ Why not snuggle up and watch that movie you both loved 10 years ago? It'll remind you both of the wonderful love you share and how much you care for each other.

## **14. Gift a love song or game app to your special someone.**

- ▶ If you're both smartphone nuts, why not use your smartphone to show how much you care? Send her new music or a new, fun game app. She'll be prompted to think about how much you love her every time she listens to the song or plays the game.

## **15. Complete a project for him that he's been dreading.**

- ▶ If you know he's been busy and not looking forward to pulling the weeds in the garden, demonstrate you love him by clearing out those pesky weeds. He'll be thrilled.

## **16. Surprise him with his favorite snack.**

- ▶ If he loves to eat your Caramel Macadamia Nut Popcorn, make him some in secret then pull it out of the cabinet while he's watching tonight's baseball game. Now that's an appreciated way to show you care.

## **17. When she's extra busy, ask how you can help.**

- ▶ Interestingly, it's not unusual to steer clear of people we interpret as busy or over-loaded. Consider offering your help this time and see if she's willing to share the work.



## **18. Say you'll run the errands today.**

- ▶ If your partner shares a lengthy list of errands she must do, offer to do them for her. Even if she decides to do them for herself, she knows how willing you are to go the extra mile (literally) just for her.

## **19. Give her a day off from doing her normal house tasks.**

- ▶ If she usually cooks and you clean up, or she cleans up after you cook, announce that today is her special “day off” from that job.

## **20. Suggest your partner spend a few hours with friends.**

- ▶ Let your partner see that you recognize she deserves some time with friends.

## **21. Accompany him to his doctor's appointment.**

- ▶ Sometimes, it's comforting to have a loved one with you when you go to the doctor. Offer to go or state you'd like to go along. Giving extra support to your partner when he's getting medical care is an extra-special way to show you're there for him.

## **22. Say you want to take a walk with her.**

- ▶ There's something about taking a walk together that brings people closer. She'll know you care if you're willing to share a leisurely stroll. Regardless of the season, try this method to express your love.



## **23. Bring home a copy of that new novel he wants to read.**

- ▶ Giving a book is such a sweet, simple way to demonstrate how much you care for your partner.

## **24. Tell her she doesn't have to cook dinner tonight.**

- ▶ Whether it is soup and sandwich night or you grab some prepared food to bring home, share caring feelings by letting your partner off the hook tonight.

## **25. Forgive quickly and move on.**

- ▶ If you really want to demonstrate your love and affection to your partner, move quickly past minor disagreements by forgiving and continuing with your day.

# Reflection

- ▶ Be open to using alternative methods of expressing how much you care. It will make your life interesting and ensure you and your partner share a long, happy life together.